ORIGINAL PAPER



The Role of Acetylation and Methylation of Rat Hippocampal Histone H3 in the Mechanism of Aluminum-Induced Neurotoxicity

Jie Gao¹ · Wei Liu¹ · Jiaqi Liu¹ · Niping Hao¹ · Jing Pei¹ · Lifeng Zhang¹

Received: 15 June 2023 / Revised: 9 October 2023 / Accepted: 14 October 2023 © The Author(s), under exclusive licence to Springer Science+Business Media, LLC, part of Springer Nature 2023

Abstract

Aluminum is a known neurotoxin and a major environmental contributor to neurodegenerative diseases such as Alzheimer's disease (AD). We uesd a subchronic aluminum chloride exposure model in offspring rats by continuously treating them with AlCl₃ solution from the date of birth until day 90 in this research. Then evaluated the neurobehavioral changes in rats, observed the ultrastructural changes of hippocampal synapses and neurons, and examined the level of hippocampal acetylated histone H3 (H3ac), the activity and protein expression of hippocampal HAT1 and G9a, and the protein expression level of H3K9 dimethylation (H3K9me2). The findings demonstrated that aluminum-treated offspring rats had impaired learning and memory abilities as well as ultrastructural alterations in hippocampal synapses and neurons. The level of histone H3ac was decreased along with decreased protein expression and activity of HAT1, while level of H3K9me2 was increased along with increased protein expression and activity of G9a.

Keywords Aluminum · Hippocampus · Neurotoxicity · Histone H3 · Acetylation · Methylation · Epigenetics

Introduction

Aluminum (Al) is a light metal, and its compounds are extremely widely distributed in nature, occurring in air, water, and food. A acceptable weekly consumption of 1 mg/ kg of Al has been defined by the European Food Safety Authority (EFSA) [1], which may be obtained from food exposure alone, and Al exposure has become a growing public health concern [2]. The blood levels, musculoskeletal system, kidneys, liver, respiration, and neurological system can all be impacted by Al treatment [3]. Al is an identified neurotoxin that can destroy the blood-brain barrier and accumulate in hippocampal tissue for long periods of time, and is concerned with neuroinflammation, dysmnesia, and neurological disorders through various mechanisms [4]. The hippocampus is the "flash drive" of the human brain and is often associated with memory consolidation

Jie Gao and Wei Liu contributed equally to this work.

Lifeng Zhang zgykdxzlf@163.com and decision-making, but it is far more complex in structure and function than a flash drive. The hippocampus has three distinct zones: the dentate gyrus, the hippocampus proper, and the subiculum. The Cornu Ammonis (CA) is a structure similar to a seahorse or ram's horn that describes the different layers of the hippocampus. The hippocampal region has four subregions: CA1, CA2, CA3, and CA4 (often referred to as the hilus region and considered part of the dentate gyrus). The sides of CA3 and CA2 border the ridges of the dentate gyrus, and CA3 is the largest in the hippocampus [5–7]. Hippocampal CA3 is currently considered to be one of the major brain regions involved in learning, memory, and cognitive performance [8].

The neurotoxicity mechanism of Al is complicated, and numerous epigenetic alterations may be one of the significant causes of cognitive decline brought by Al. Epigenetics refers to heritable changes caused by altered gene expression without alteration in DNA sequence, and the majority of studies on Al neurotoxicity at the moment focus on DNA methylation modification and post-translational modifications of histones [9, 10]. Histone modifications control the transcription of plasticity genes, modify individual neuronal responses, and play a crucial role in memory storage and consolidation. The degree of histone acetylation, which is controlled by histone acetyltrans- ferases (HATs)

¹ Department of Maternal, Child and Adolescent Health, School of Public Health, Shenyang Medical College, Shenyang 110034, Liaoning Province, P. R. China

and histone deacetylases (HDACs) among these modifications, is essential to regulate gene transcription and expression. One of the most well researched mechanisms in the numerous types of histone modification is histone acetylation, which frequently takes place on amino acid residues at the ends of histone H3 or H4 and has the role of activating transcription and increasing gene expression [11]. HATs are widely present in many tissues and organs and can mediate the addition of acetyl groups to amino acid residues at the ends of histone subunits, raise histone acetylation levels, activate particular genes and hence increasing transcription [12]. Our earlier research has demonstrated that exposure to Al can decrease the level of acetylated histone H4 by raising the production of the HDAC2 gene and protein expression, which impairs rats' capacity for learning and memory [13].

The methylation of the histone protein lysine is crucial for brain development and memory formation and maintenance, it is the molecular basis of chromosome function both inside and outside the body. Studies have shown increased dimethylation of lysine 9 in histone H3 in an animal model of age-related memory impairment [14]. The heterodimer complex formed by the histone lysine methyltransferase G9a is capable of monomethylating and dimethylating the N-terminal tail of histone H3K9, which inhibits transcription [15].

However, whether Al exerts neurotoxic effects by altering epigenetic states remains largely unknown. Then, may Al have an impact on HAT1 and G9a activity, affecting histone H3ac and H3K9me2 in the process and contributing to the molecular mechanism of Al-induced learning and memory impairment? This study explored the possibility of histone H3 as a neurotoxic potential treatment target for Al from an epigenetic perspective by establishing a subchronic Al exposure model for the offspring of rats, providing new insights into the pathogenic mechanisms and preventive approaches to neurodegenerative diseases.

Materials and Methods

Chemicals

AlCl₃·6H₂O (Sinopharm Chemical Reagents Co., China); SP method immunohistochemistry kit, DAB color development kit (Maxim biotechnologies Co., China); Embedding machine and paraffin sectioning machine (Leica Co., Germany); Rabbit anti-acetylated histone H3 antibody (Sanying biotechnology Co., China); Rabbit anti-G9a, H3K9me2 antibody (Abcam Co., UK); Rabbit anti-HAT1, β-actin antibody, Horseradish peroxidase-labeled sheep anti-rabbit IgG antibody (ABclonal Co., China); Nucleoprotein and cytoplasmic protein extraction kit, BCA protein content detection kit (Keygentec Co., China); Tween, Tris, Glycine, Sodium dodecyl sulfate SDS (Solarbio Co., China); SDS-PAGE gel kit, SDS-PAGE protein loading buffer (Beyotime Co., China); HAT1 ELISA Kit (Boster Co., China); G9a ELISA Kit (Mlbio Co., China); Anhydrous ethanol, xylene, methanol, nitric acid, hydrochloric acid (XiLong Co., China).

Animals and Al Exposure Methods

Healthy and matured Wistar rats, weighing 220 ± 10 g, with 40 females and 20 males, were selected by the experimental animal center belonging to Shenyang Medical College. The rats were fed in a clean animal room with light and dark cycles for 12 h, the temperature was $20 \sim 24$ °C, the humidity was $45 \sim 55\%$, and a free drinking water diet. The study followed guidelines for experimental animal management and experimental protocols were approved by the Medical Animal Ethics Committee of Shenyang Medical College.

Formal experimentation after 3 days of environmental adaptive feeding. On the basis of the World Health Organization's recommendation, the minimum allowable exposure to Al per week is 1 mg/kg [1] and the safety factor between human and animals is 100 times, which is exchanged for the low toxic dosage for rats, and is gradually increased by 2 times for the medium and high toxic dose group. By random number table method, female rats were divided into three dose groups and control group according to body weight, 10 per group. Female: Male = 2:1 cage mating. In the next morning, observation of vaginal suppository or colposcopy of sperm was considered to be pregnant, pregnant rats were routinely fed until delivery. Pregnant rats were contaminated with Al on the first day (Day 0) of delivery. During lactation, female rats in different dosage groups were given distilled water solution containing AlCl₃ concentration of 0, 2.0, 4.0, 8.0 g/L, respectively, and their offspring were poisoned through milk. At the end of the lactation period, the offspring rats individually drank distilled water solutions containing different dosages of AlCl₃. Simulating the Al exposure of human babies from lactation to adulthood, the period of exposure lasted 90 days from the first day of birth in rats. During the experiment, the weight of the rats in different dosage groups was regularly weighed weekly, and the consumption of water and feed, mental state, hair and overall condition of the rats were observed. According to the results of the observational measurement, the average water intake of rats in each group was relatively constant, so the Al intake was consistent with the experimental design.

Morris Water Maze (MWM)

Eight rats in different dosage groups were randomly chosen (female: male = 1:1) for the MWM experiment 24 h after the end of the last Al exposure. During the experiment, the water temperature was retained at 22 ± 2 °C and the surrounding environment was steady, and the rats were permitted to swim optionally in the water for 2 min to familiarize with the circumstance before the formal experiment. The first 5 days of the positioning navigation experiment, the rats were randomly put into the water from 4 quadrants facing the wall of the pool every day, and the time to search the platform under the water surface (escape latency) was recorded, and the training duration was 120 s. After the positioning navigation test ended 24 h (Day 6), the space exploration experiment was started, the platform was removed, the rats were put into water in a random quadrant, and the residence time in the target quadrant and the platform crossing times in 120 s were recorded. These indicators were recorded by ANY-maze video tracking software (Stoelting Co., USA) and compared to analyze the performance of the rats.

Shuttle Box Experiment

Eight rats (female: male=1:1) in each group were randomly selected and placed in a shuttle box for 5 min, during which any activity was allowed to eliminate the exploratory reflex. In the shuttle box, the conditioned stimulation (bee sounds) was first given for 10 s, and then electrical stimulation (electric shock intensity of 30 V, 50 Hz) was applied simultaneously for 10 s. If the rats escaped to the safe area within 10 s of the light on, it was an active avoidance reaction; if the rat escaped to the safe area after electric shock, it was a passive avoidance reaction. After several training, the rats could gradually form the active avoidance conditioned response and thus acquire the memory. Each training 20 s, 20 cycles, consecutive 5 days. One week after the training, the same group of rats were carried out formal experiment in the shuttle box under the same time and environmental conditions. The number of shocks, duration of shocks and active avoidance latency were recorded to assess the active and passive avoidance response.

ICP-MS

Brain tissue was dissected from rats after decapitation and six hippocampi per group were accurately weighed 0.2 g into the polytetrafluon digestion tube, and 5 mL of superior pure nitric acid and 1mL of superior pure hydrochloric acid were added, sealed, and put into the porcelain tube for the digestion of tissues in the ultra-high pressure microwave digestion apparatus (Anton Paar Co., Austria) for about 1 h, while blank control was performed. After the tissue was completely dissolved, the sample solution was transferred to a 50 mL volumetric bottle with 20% nitric acid, and the volume was fixed to 50 mL. The inductively coupled plasma mass spectrometer (Agilent Co., USA) was used to detect the Al content. The detected Al content was subtracted from the background value of the blank control to obtain the final Al ion content in the hippocampus of each rat.

Transmission Electron Microscope Specimen Production

Eight rats in every group were randomly chosen, anesthetized with 1% sodium pentobarbital (40 mg/kg), and perfused with saline solution and 4 °C 2% paraformaldehyde-2.5% glutaraldehyde fixative (pH: 7.4) 100~150 ml for 20 min (first fast and then slow) before decapitation. The brain tissue was rapidly dissected on ice, submerged in 0 °C fixative for 24 h, and hippocampal tissue slices were excised in the horizontal coronal position of the lateral geniculate body, and 1 mm³ tissue was taken from the CA3 region of the hippocampus. Fixed in 1% Osmium tetroxide, dehydrated, and embedded. The samples were then trimmed and cut into 70 µm slices, stained with saturated uranium acetate and lead citrate, and placed in clean petri dishes for spare. Finally, the ultrastructure of hippocampal synapses and neurons was observed under a transmission electron microscope (H-7650, Hitachi Co, Japan) at magnification 50000X.

ELISA

ELISA was used to measure HAT1 and G9a enzyme activities in rat hippocampus. Eight hippocampal tissues were taken from each group, 0.05 g was weighed, 1 ml PBS was added, homogenized (80 HZ, 40 s), centrifuged at 3000 RPM/min for 20 min in a low temperature and high speed centrifuge (Sigma Co., Germany), and supernatant was collected. All operations were executed in strict accordance with the ELISA kit specification. Except for blank wells, each well was added with 100 µL enzyme-conjugate reagent, sealed with sealing plate film, and hatched at 37 °C for 60 min. Removed the sealing plate film, washed and dried, added color developing agent A and B 50 µL successively to every well, gently shaken and mixed, and developed color at 37 °C for 15 min. To end the reaction, 50 µL of termination solution were added to each well. Blank holes were zeroed, and absorbance (OD value) of every hole was determined successively at 450 nm wavelength, and the measurement should be initiated within 15 min after the termination solution was added. The linear regression equation of the standard curve was calculated using the standard concentration and OD value, and the sample OD value was

substituted into the equation to calculate the sample concentration, and then multiplied by the dilution times, which is the actual concentration of the sample, and the enzyme activity was expressed by the concentration.

Immunohistochemical Method

Eight brain tissues of rats preserved in 4% paraformaldehyde were taken from each group, trimmed to exposed hippocampus, washed under running water overnight, dehydrated by gradient alcohol, dealcoholized by xylene, and then paraffin sections were prepared with a thickness of 4 µm after conventional embedding. Before staining, the slices were roasted in HD-330 chip baking machine (Huida Instrument Co., China) at 70 °C for 1.5 h. The slices were dewaxed by xylene and dehydrated by gradient alcohol. 0.3% H₂O₂ was added to the tissues, and rabbit anti-acetylated histone H3 antibody (dilution 1:150) and goat anti-rabbit IgG antibody labeled with horseradish peroxidase (dilution 1:2000) were added successively, and incubated at 4 °C overnight. After leaching in PBS, DAB color developing solution was added for 3 min, hematoxylin was re-dyed for 7 min, tap water was rinsed for 10 min, conventional gradient alcohol was dehydrated, xylene was dealcoholized, and neutral gum was sealed. At the same time, comparison was made under the same environment, observation was made under microscope (Leica Co., Germany) and photographs were taken. Image-Pro Plus 6.0 software was used to read the optical density of the protein expression region in the section photos, and Average optical density (AOD) and Integral optical density (IOD) were used to represent the expression level of acetylated histone H3.

Western Blot

Eight hippocampi were taken from each group, 50 mg of hippocampal tissues were weighed, and tissue proteins were extracted according to the instructions of the nuclear



and cytoplasmic protein extraction kits. After quantitative analysis by BCA method, protein dilutions were made by adding protein loading buffer and ddH2O. It was denatured by boiling at 100 °C for 7 min in Thermo Cell thermostatic metal bath and then stored at -80 °C. After 15% separation gel and 5% concentrated gel were prepared according to SDS-PAGE gel kit instructions, 10 µL predictive protein solution was taken and subjected to 100 V constant pressure electrophoresis for 1.4 h in a protein electrophoresis facility (Bio-bad Co., USA), and transferred to a protein electroprinting facility (Bio-bad Co., USA) for 50 min at 100 V constant pressure. The protein was transferred to PVDF membrane and sealed with 5% skim milk for 2 h. Rabbit anti-HAT1, rabbit anti-G9a, rabbit anti-H3K9me2, and rabbit anti-B-actin were added (dilutions 1:1000, 1:500, 1:500, 1:2000), and the mixture was incubated on a shaker for 1 h at 4 °C overnight. The next morning, the PVDF membrane was removed, and it was washed with PBST for 10 min and repeated 4 times. Then it was put into horseradish peroxidase-labeled goat anti-rabbit IgG antibody (1:10000) and hatched on a shaker for 1 h. The ECL reagent was developed, and the results were counted by the automatic chemiluminescence image analysis system (Tanon Technology Co., China). The grayscale values of the bands were scanned using Image J software, and the results were expressed as the grayscale values of the protein to be measured compared with the grayscale values of the β -actin bands.

Statistical Analysis

The data was processed using SPSS 26.0, and the results were expressed in terms of mean \pm SD. One-way ANOVA was used for comparison between groups, and the LSD test was used if the variances were equal; if the variances were not equal, the Dunnett-t test was used. The repeated measures design information was compared using repeated measurement ANOVA. Pearson correlation coefficient (*r*) was used to analyze the relevance. The test level was $\alpha = 0.05$. Bar and line graphs were plotted using GraphPad Prism software.

Result

Basic Conditions of Rats During Al Exposure

There was no mortality in any group of rats during the drinking water exposure experiment. Hair, food, mental state, and free activity were all normal in the control group, while body weight increased as feeding time increased (Fig. 1). The rats in the 2.0 g/L and 4.0 g/L groups showed no obvious changes in body weight and mental state; the rats in



Table 1Comparison of escapelatency in each group at differenttime points (mean \pm SD)

Group			Date		
	Day1	Day2	Day3	Day4	Day5
0.0 g/L	52.8 ± 6.5	$29.9 \pm 3.5^{\circ}$	$19.1 \pm 2.6^{\circ}$	16.0 ± 2.4^{cde}	9.1 ± 2.3^{cdef}
2.0 g/L	59.6 ± 4.5	$34.8 \pm 2.9^{\mathrm{ac}}$	27.4 ± 1.7^{acd}	22.0 ± 1.5^{cde}	17.9 ± 1.4^{cdef}
4.0 g/L	62.2 ± 3.6	43.0 ± 2.3^{abc}	$33.3 + 2.5^{abcd}$	$27.5 \pm 1.1^{\text{abcde}}$	21.9 ± 1.7^{abcdef}
8.0 g/L	72.4 ± 2.3	54.9 ± 2.7^{abc}	42.4 ± 4.2^{abcd}	31.4 ± 2.3^{abcde}	24.2 ± 2.2^{abcdef}

Note: ^a P<0.05, compared with 0.0 g/L at the same time point; ^b P<0.05, compared with 2.0 g/L at the same
time point; °P<0. 05, compared with the same group on Day 1; ^d P<0. 05, compared with the same group
on Day 2; ${}^{e}P < 0.05$, compared with the same group on Day 3; ${}^{f}P < 0.05$, compared with the same group on
Day 4 (repeated measurement ANOVA, $n = 8$)



Fig. 2 Comparison of Morris water maze space exploration experiment results in each group (One-way ANOVA, n=8). Note: ${}^{a}P < 0.01$ vs. 0.0 g/L; ${}^{b}P < 0.01$ vs. 2.0 g/L; ${}^{c}P < 0.01$ vs. 4.0 g/L

the 8.0 g/L group showed different degrees of dark fur and mental depression, slow growth in body weight, slow reaction and reduced activity. The results of repeated analysis of variance showed that the weight of rats was statistically significant in the main effect of time, the interaction effect between dosage and time, and the main effect of dosage (F=1921.43, P < 0.05; F=14.23, P < 0.05; F=60.93, P < 0.05).

Subchronic Al Exposure Impaired Spatial Learning Memory

The results of positioning navigation experiment revealed that as training time increased, the escape latency of each group reduced. The escape latency of rats was statistically significant in the main effect of dosage, the main effect of time, and the interaction effect between dosage and time, (F=322.96, P < 0.05; F=1043.29, P < 0.05; F=5.71, P < 0.05), and the analysis results of interaction effects are shown in Table 1.

In the space exploration experiment, the target quadrant residence time of rats in each dosage group was significantly different (F=111.58, P < 0.01; r = -0.92, P < 0.05) in Fig. 2A. There was a significant difference in the number of times rats crossed the platform in each dosage group (F=54.38, P < 0.05; r = -0.91, P < 0.05) in Fig. 2B.

The paths taken by the rats in each group to arrive the platform became increasingly obvious as the number of training days increased, while it in the Al-poisoned groups remained disordered (Fig. 3).

In the shuttle box test, the indexes of passive escape response: the number of electric shocks in rats differed between dosage groups (F=39.95, P < 0.05; r=0.83, P < 0.05) in Fig. 4A. The shock time of rats in each dosage group was significantly different (F=44.62, P < 0.05; r=0.90, P < 0.05) in Fig. 4B. Active escape indexes: the active escape time of rats differed between dosage groups (F=53.18, P < 0.05; r=0.92, P < 0.05) in Fig. 4C. The active escape latency of rats in each dosage group was significantly different (F=31.25, P < 0.05; r=0.87, P < 0.05) in Fig. 4D.



Fig. 3 Pathway and hot spot map of the Morris water maze experiment for each group of rats



Fig.4 Analysis of shuttle box experiment results (One-way ANOVA, n = 8). Note: ${}^{a}P < 0.01$ vs. 0.0 g/L; ${}^{b}P < 0.01$ vs. 2.0 g/L; ${}^{c}P < 0.01$ vs. 4.0 g/L; ${}^{d}P > 0.05$ vs. 2.0 g/L

Subchronic Al Exposure Increased Al Content

Al was present in the hippocampus as Al^{3+} , and the Al content in each dosage group was measured using ICP-MS. The hippocampal Al content was higher in all three poisoned groups than in the control group, with statistically significant (F=25.05, *P*<0.05; *r*=0.89, *P*<0.05) in Fig. 5.

Subchronic Al Exposure Disrupted the Ultrastructure of Neurons and Synapses

Figure 6 showed the ultrastructural changes of neurons and synapses in hippocampal CA3 region of rats in each group. As shown in the figure, the ultrastructural damage of neurons and synapses became more and more obvious with the increase of Al dose. The neurons in the 0.0 g/L group had abundant euchromatin, more rough endoplasmic reticulum and mitochondria in the cytoplasm, larger nuclei, obvious nuclear membranes and nucleolus. In the Al-exposed groups, neuron atrophy, cytoplasm concentration, mitochondrial



Fig. 5 Al content in hippocampus of rats in each group (One-way ANOVA, n=6). Note: ${}^{a}P < 0.01$ vs. 0.0 g/L; ${}^{b}P < 0.05$ vs. 2.0 g/L; ${}^{c}P < 0.01$ vs. 2.0 g/L; ${}^{d}P < 0.01$ vs. 4.0 g/L; ${}^{e}P > 0.05$ vs. 0.0 g/L

swelling, cristae disturbance or disappearance, rough endoplasmic reticulum expansion, and extensive granular vacuolar degeneration (GVD) were observed, and the positive rate of GVD cells was positively correlated with the dose of Al. In the control group, hippocampal synapses were normal, but in the Al-exposed groups, the synaptic gaps were widened, the number of synaptic vesicles was reduced, the electron density of synapses was significantly increased, the anterior and posterior synaptic membranes were even fused and adhered, and myelin-like changes appeared in the presynaptic membrane, which were formed after the destruction of mitochondria and rough endoplasmic reticulum. The arrangement of microfilament microtubules within the axon was disturbed, and even fracture, dissolution, and disappearance occurred.

Changes of HAT1 and G9a Enzyme Activities

The ELISA results showed that the G9a enzyme activity in the hippocampus increased in each dosage group, with statistically significant (F = 135.13, P < 0.05; r = 0.95, P < 0.05) in Fig. 7A. The HAT1 enzyme activity was decreasing in each dosage group, with statistically significant (F = 28.08, P < 0.05; r = -0.84, P < 0.05) in Fig. 7B.

Changes of HAT1, G9a, and H3K9me2 Protein Expression

The grayscale of HAT1, G9a, and H3K9me2 protein bands were used to indicate the relative expression of the corresponding proteins compared with the grayscale of β -actin protein bands. The results showed that G9a and H3K9me2 protein expression increased sequentially in each dosage group, with statistically significant (F=18.31, P<0.05; F=45.00, P<0.05) in Fig. 8A, B. There was a positive relevance between G9a and H3K9me2 protein expression and Al dosage, respectively (r=0.84, P<0.05; r=0.94, P<0.05). HAT1 protein expression in each dosage group decreased successively (F=9.30; P<0.05; r =-0.65, P<0.05) in Fig. 8C.



Fig. 6 Ultrastructure of neurons and synapses in hippocampal CA3 region of rats in each group (50000X)



Fig.7 Enzyme activity of HAT1 and G9a in rat hippocampus (One-way ANOVA, n = 8). Note: ^aP < 0.01 vs. 0.0 g/L; ^bP < 0.01 vs. 2.0 g/L; ^cP < 0.01 vs. 4.0 g/L







Changes of Acetylated Histone H3 Protein Expression

Acetylated histone H3 protein expression in the CA3 region of the rat hippocampus was detected using immunohistochemistry, and the results were expressed as AOD and IOD in Fig. 9. It can be roughly observed from the staining situation in Fig. 10 that histone H3 is mainly distributed in the cytoplasm of neurons in rat hippocampal tissue, and the positive cells show brown or brown-colored cells with increased or deepened staining areas. With the increase of dose, the expression of histone H3 in positive cells decreased gradually, and the brown area became smaller and the color became lighter. The AOD and IOD values of acetylated histone H3 protein expression decreased sequentially in each dosage group (F=42.31, P < 0.05; F=41.12, P < 0.05). There was a negative correlation between the AOD and IOD values of acetylated histone H3 protein expression and the



Fig. 10 Representative immunohistochemical micrographs of acetylated histone H3 in the CA3 region of rats (40X)

dosage of Al, respectively (r = -0.77, P < 0.05; r = -0.87, P < 0.05).

Discussion

Al is the most abundant metallic element in the earth's crust [16], which widely exists in all aspects of production and life. It enters the human body through various ways and accumulates in brain tissue, thus causing neurotoxicity to the human body [17]. The results of MWM experiment in this study showed that the escape latency of rats exposed to subchronic Al was prolonged, and the time of staying in the target quadrant and the number of crossing the platform were shortened, indicating that AlCl₃ impaired the spatial learning and spatial memory ability of rats.

The core of the neurotoxicity of Al is the decreased ability of learning and memory, and the neurobiological basis of learning and memory is synaptic plasticity. Synaptic plasticity refers to the characteristics or phenomena that the morphology and function of synapses can undergo relatively lasting changes, including structural and functional plasticity [18, 19]. This study showed that the arrangement of nerve fibers in the hippocampus of rats exposed to Al was irregular, and the dislocation and loss of nerve cells even appeared vacuole-like changes, and the above changes showed a dose-response relationship with Al exposure dose. Therefore, we speculate that the learning and memory function of rats injured by Al may be related to the damage of rat hippocampal nerve cells by Al exposure, thus weakening the synaptic transmission efficiency and/or changing the synaptic biological characteristics. This speculation is consistent with relevant reports [13].

Epigenetic modifications are associated with neurodegeneration and cognitive decline, and dysregulation of transcriptional activity leads to abnormal neuronal function [20, 21]. Currently, histone acetylation and methylation markers have been found to be associated with aging and cognitive function [22–24]. For example, memory impairments in the brains of aging mice have been associated with dysacetylation of histones during learning and failure to activate hippocampal gene expression programs which are associated with memory consolidation [25]. HDACs act to deacetylate and can damage cognitive performance in AD models [26] and in aged mice [25]. It has been shown that downregulation of acetvltransferase inhibitors levels in mice with AD models increases histone acetylation levels, thereby restoring synaptic plasticity and learning memory functions and attenuating tau protein phosphorylation and β-amyloid aggregation in AD mice [27]. This conclusion is consistent with the conclusion of this study, Al exposure can inhibit histone H3 acetylation by reducing HAT1 activity and protein expression, and ultimately lead to learning and memory damage.

The histone H3K4me3 and H3K4-specific histone methyltransferase MLL2 are necessary for long-term memory formation [28, 29]. Histone H3K9me2 and H3K9me2specific histone methyltransferase EHMT1/2 are associated with memory consolidation [30], and postnatal EHMT1/2 neuron-specific defects lead to learning and environmental adaptation deficits [31]. Recent evidence suggests that G9a is a target for AD because its epigenetic marks are linked to transcription of genes that inhibit learning and memory formation, which leads to cognitive impairment [20, 32, 33]. According to one study, the histone acetylation and methylation processes are regulated by the chromatin-modifying enzymes CBP and G9a, which may serve as epigenetic regulators of memory formation processes [34]. H3K9me2 is a known marker of gene transcriptional silencing. Studies have proved that long-term exposure to Al may inhibit PHF8 and prevent its function as a demethylase, which may block the demethylation of H3K9me2, reduce the expression of BDNF protein, lead to LTP damage, and affect learning and memory. From the perspective of methyltransferase, this study discovered that the expression and activity of G9a protein in the Al-treated groups were higher than those in 0.0 g/L group, and the expression level of H3K9me2 protein in all Al-treated groups was higher than that in 0.0 g/L group, indicating that subchronic Al exposure increased the level of methylated histone H3 in the hippocampus of rats, which was consistent with the existing relevant reports and conclusions [35].

In addition, this study found that Al exposure decreased the acetylation level of histone H3 and increased the level of dimethylated histone H3K9 simultaneously, which affects learning and memory ability. However, the association between histone acetylation and histone methylation in the mechanism of neurotoxicity induced by Al needs further study. In conclusion, the changes of epigenetic indexes such as histone acetylation and methylation in rat hippocampus are one of the significant mechanisms of learning and memory damage in rats induced by Al.

Acknowledgements We would like to thank Dr. Lifeng Zhang for reading and editing of the manuscript thoroughly.

Author Contributions Author Contribution J.G, W.L and J.L designed and conducted the research; N.H and J.P performed the experiments; J.G and W.L analyzed the data and wrote the paper; J.G, W.L and L.Z reviewed and edited the manuscript. All authors edited and approved the final manuscript.

Funding This study is supported by grants from National Natural Science Foundation of China (81673226); Initiated Research Foundation for the Doctoral Program of Science and Technology Department of Liaoning Province, China (201601226); Natural Science Foundation of Education Department of Liaoning Province, China (L2015544, LJKZ1146); Natural Science Foundation for Innovation and Entrepreneurship Training Program of Education Department of Liaoning Province, China (201710164000038); Natural Science Foundation of Science and Technology Department of Shenyang City, China (17-231-1-44); Natural Science Foundation of Shenyang Medical College,

China (20153043); Natural Science Foundation for graduate students of Shenyang Medical College, China (Y20180512); Natural Science Foundation for undergraduate students of Shenyang Medical College, China (20179028).

Data Availability This published article and its supplemental information file contain all data created or analyzed throughout this experiment.

Declarations

Competing interests The authors declare no competing interests.

Ethics approval and consent to participate All animal experiments were conducted in accordance with the ethical review protocol approved in advance by Shenyang Medical College.

Consent for Publication All authors have read and approved the manuscript for submission.

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